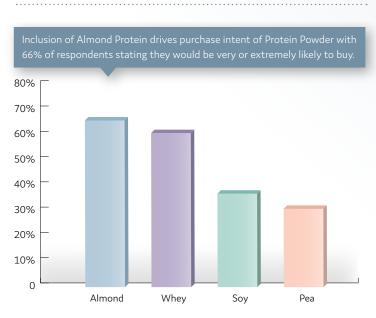


# Protein Powder

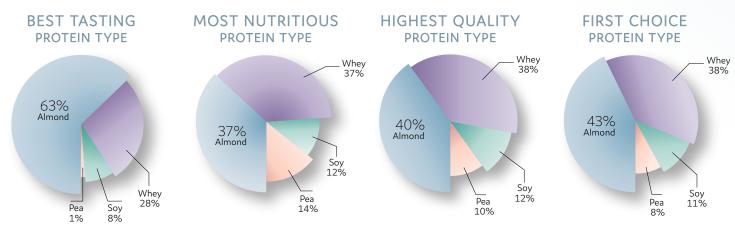
- · Made with almonds grown in California's Central Valley, tended and harvested by Blue Diamond grower-owners.
- · Non-GMO, dairy-free, gluten-free, and soy-free.
- · Heralded as a superfood by consumers and benefiting from a well-deserved health-halo.

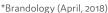
#### **PROTEIN POWDERS**





Protein Powder Users Selected Almond Protein as the Best Tasting and their First Choice Protein Type.\*









# Almond Protein Powder

# **Excellent Source\* of:**

Magnesium • Phosphorus • Manganese • Copper • Biotin

# **Good Source\* of:**

Protein • Fiber • Potassium • Calcium • Zinc • Iron

### Saturated Fat and Cholesterol Free

Available in 55lb bags



#### **Nutrition Facts per 100g**

	<u>Natural</u>	<u>Blanched</u>
Calories (kcal) Kilojoules (kj)	418.06 1749.16	417.90 1748.49
Calories from Fat (kcal) Calories from SatFat (kcal)	102.51 10.17	106.02 9.54
Fat (g) Saturated Fat (g) Mono Fat (g) Poly Fat (g)	11.39 1.13 7.07 3.18	11.78 1.06 7.25 2.94
Trans Fatty Acid (g)	0.01	0.02
Cholesterol (mg)	0	0
Protein (g)	40.99	44.36
Carbohydrates (g)	37.22	32.2
Total Dietary Fiber (g)	18.95	14.57
<b>Total Sugars (g)</b> Added Sugar (g)	9.55 0	9.39 0

# Amino Acid Composition per g/100g

	<u>Natural</u>	<u>Blanched</u>
Histidine <sup>‡</sup>	0.72	0.80
Serine	1.63	1.69
Arginine	4.15	4.48
Glycine	2.37	2.37
Aspartate / Asparagine	4.12	4.37
Glutamate / Glutamine	10.93	11.68
Threonine <sup>‡</sup>	1.07	1.15
Alanine	1.51	1.62
Proline	1.59	1.66
Cysteine	0.52	0.51
Lysine <sup>‡</sup>	1.24	1.26
Methionine <sup>‡</sup>	0.38	0.41
Valine <sup>‡</sup>	1.22	1.45
Isoleucine <sup>‡</sup>	1.11	1.31
Leucine <sup>‡</sup>	2.56	2.81
Phenylalanine <sup>‡</sup>	2.05	2.26
Tryptophan <sup>‡</sup>	0.43	0.50
Tyrosine	1.09	-

The clean taste of Almond Protein makes for perfect blending with other plant-based proteins and can form complete Amino Acid Profiles for optimal product development.

	<u>Natural</u>	<u>Blanched</u>
PDCAAS	0.46	0.44
True Protein Digestibility Value	90.87	93.78

#### Ingredients: Almonds





